

PATHWAYS TO YOUR FUTURE

TRANSITION PROGRAM FROM SECONDARY TO POST-SECONDARY OPPORTUNITIES

WHAT IS THE PROGRAM?

The 'Pathways to Your Future' program focuses on providing students with planning strategies for transitioning to post-secondary opportunities; college, university, apprenticeships and the workplace. Our 'Pathways to Your Future' program will also promote a positive outlook by embedding Mindfulness techniques.



For Students in Grades 9 to 12



TOPICS INCLUDE:

- Planning strategically for the future.
- Preparation through planning, research and good choices to reach your long-term goals.
- What do you need to know before you head off to college or university or apprenticeship?
- Learn about your rights and responsibilities, accessing accommodations at post-secondary.
- How to advocate for yourself – develop self-advocacy skills and strategies.
- What financial aid is available and more?
- Identifying strengths, needs, learning styles.
- Understanding your IEP accommodations and supports.
- Goal setting, transferrable skills, working environment and whether it be post-secondary education, apprenticeships or in the work-place.
- Information about post-secondary institutions in Ontario/Canada.