



Family Well-being COMMUNITY WORKSHOP SERIES



Children's Mental Health & Screen Time

Date and Time: Tuesday May 18th, 2023 from 6:30-8:00pm (virtual)

Community Partner Host: Western University BrainsCAN, in collaboration with Western Education, Western Social Science, and London Public Library

Intended Audience: Parents and Caregivers

Register for Free: <https://bit.ly/fwbcws12>

Join Western University Professor, Dr. Emma Duerden and TVDSB Manager of Student Mental Health, Lucas Andersen for a discussion on the latest research on the impact of increased screen time on children's mental health. Find out strategies that educators and families can use to support children and youth.



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BrainsCAN
Transforming brain research.