

YOUNIQUE CLUB

**90 minute sessions for students
in Grades 5-8.**

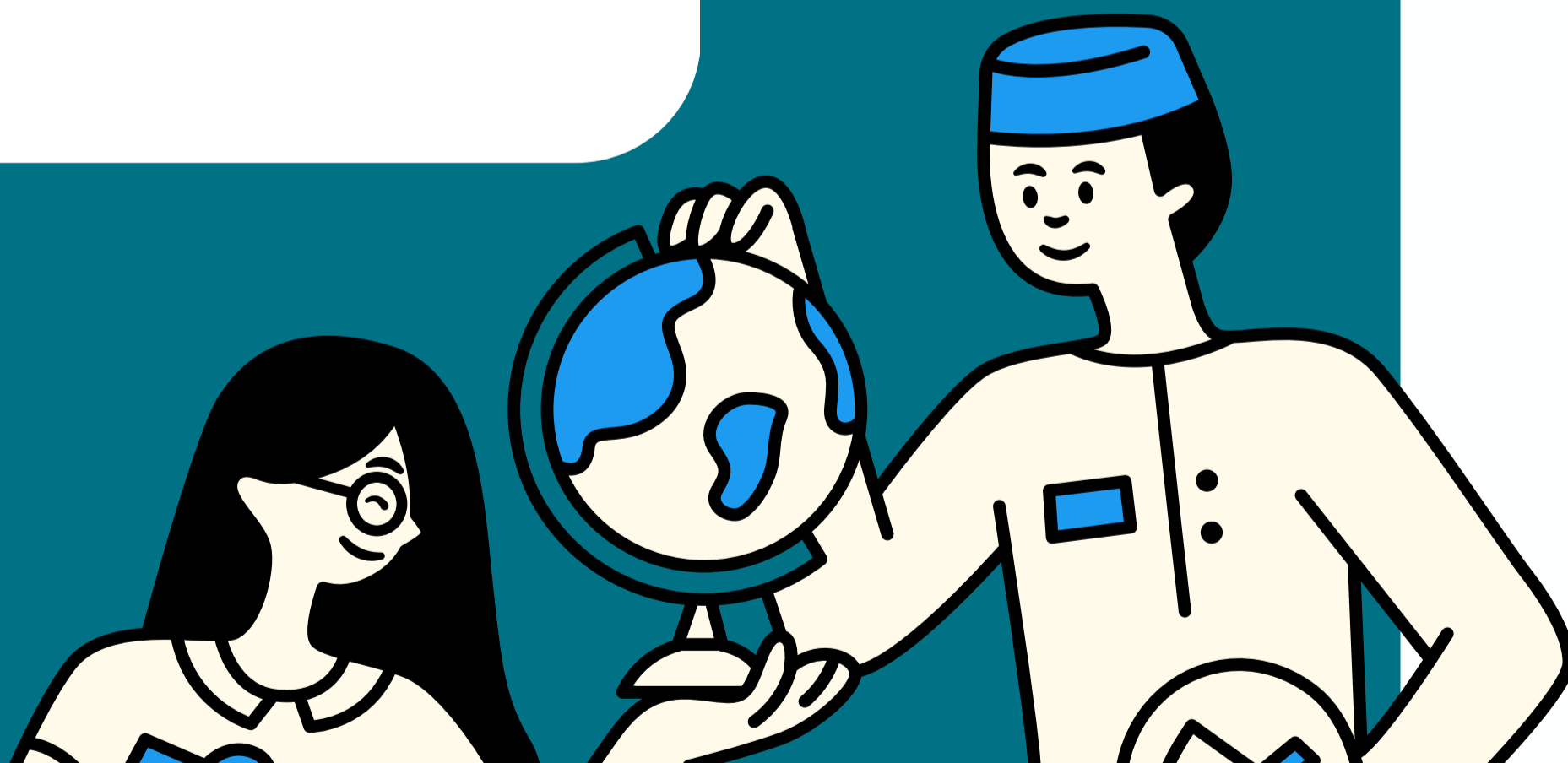


What is YOUNIQUE Club?

This 4-week club will engage students through small and large group fun weekly activities and open discussions. The discussions of the week will include self-esteem, building growth mindset (social/emotional), healthy relationships/friendships and stress.



**This program is only
offered in Spring terms.**



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